

SHORT TERM SCIENTIFIC MISSION WG2, GP4

Title:

Tinnitus Treatment with Cognitive behavioural Therapy (CBT) and rTMS

Host :

University Clinic for Psychiatry and Psychotherapy, Paracelsus Private Medical University Nuremberg, Germany

Supervisor:

Prof. Dr.med. Dr. Kneginja Richter, MHBA

Duration of STSM:

10 Days

Goal : This mission will enable the clinical doctor (specialist for neurology) to gain knowledge and experience in the method of repetitive transcranial magnetic stimulation and cognitive behavioral therapy for tinnitus and neurophysiological differential diagnosis as well.

Number of applicants:

One applicant

What the host offers to the Candidate:

Clinicum Nuremberg is a maximum medical care hospital and one of the largest municipal hospitals in Europe. With its 2,370 beds, two locations - one in the north and one in the south of the city - and with its staff of over 6,000, Klinikum Nuremberg is the biggest health service provider to almost 100,000 inpatients and of approximately 90,000 outpatients each year. Klinikum Nuremberg is divided into 35 specialty departments, centers and institutes. Medical treatment in Klinikum Nuremberg promises the best in medical care and superb performance in conservative and operative medicine. Within our department for Tinnitus, we offer interdisciplinary approach for diagnosis and treatment of tinnitus within the cooperation between the University Clinic for ENT and Clinic for Psychiatry and Psychotherapy. In The Labor for Psychophysiology

candidate can learn the procedure and protocol for application of rTMS. Our experienced psychologist will explain the Cognitive Behavioral Therapy for Tinnitus. The candidate will also have the opportunity to visit the Labor for Neurophysiology at the University Clinic for Neurology gaining knowledge about different neurophysiologic methods involved in the differential diagnosis of tinnitus.

Results for the candidate:

Gaining the experience about multidisciplinary approach to the diagnosis and treatment of tinnitus especially the Methods rTMS and CBT.

Expectations from candidates:

Transfer of the knowledge in the department of the own country including initiation of multidisciplinary approach in the diagnosis and treatment of tinnitus.

Improvement of the Treatment settings in the own country.

Requirements of the Candidates:

Clinician specialized in neurology/Psychiatry and working in the Tinnitus field. High interest/experience in establishment of multidisciplinary approaches for diagnosis and treatment of tinnitus.

Excellent skills in neurophysiology.

Advanced level of spoken and written English is essential

Procedure of application:

1. Please send an email to r.cima@maastrichtuniversity.nl to declare your interest in participating in this STSM. If your candidacy is valid your name will be added to a group-list and you will be notified.

2. At this point Susanne.Staudinger@medbo.de can be contacted for an application form.

3. You will submit a CV and your application form to the STSM coordinator malgorzata.wrzosek@amu.edu.pl

4. The STSM will start when enough applicants apply. Estimated start date: 01

5. The candidate will report on the visit (prepared within the STSM) within 30 days after the end of the STSM and

submit it to the STSM coordinator malgorzata.wrzosek@amu.edu.pl